

# DOES STI TESTING HURT?

There are three main ways a person can get tested for a sexually transmitted infection. The type of test you get will depend on what STI you are testing for and the clinic you are in.

Easiest



# 1

## URINE TEST

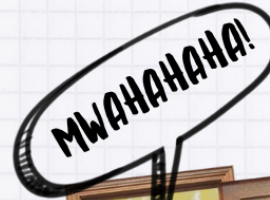
This one is usually the easiest. You will pee in a small cup, and it will be tested. Unless it already hurts when you pee, this type of test is not painful.

## TISSUE OR SWAB TEST

A swab test is when a cotton swab, like a Q-tip, is rubbed inside the penis, mouth or vagina to take a sample for testing. While sometimes a swab test can be uncomfortable, it shouldn't hurt.



# 2



# 3

## BLOOD TEST

A blood test can be a little bit painful as the blood is taken out of your arm by a needle or with a prick on your fingertip. But it's just a small pinch and doesn't take long.



Talk to the person giving you the test before it begins. Ask them to explain the process and if it will hurt.



You might be nervous to get an STI test, but even if there is a small bit of pain, it's worth it.

Worth it!

If you feel uncomfortable at any point, make sure to speak up so they can make a change if needed.

[amaze.org](http://amaze.org)

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