

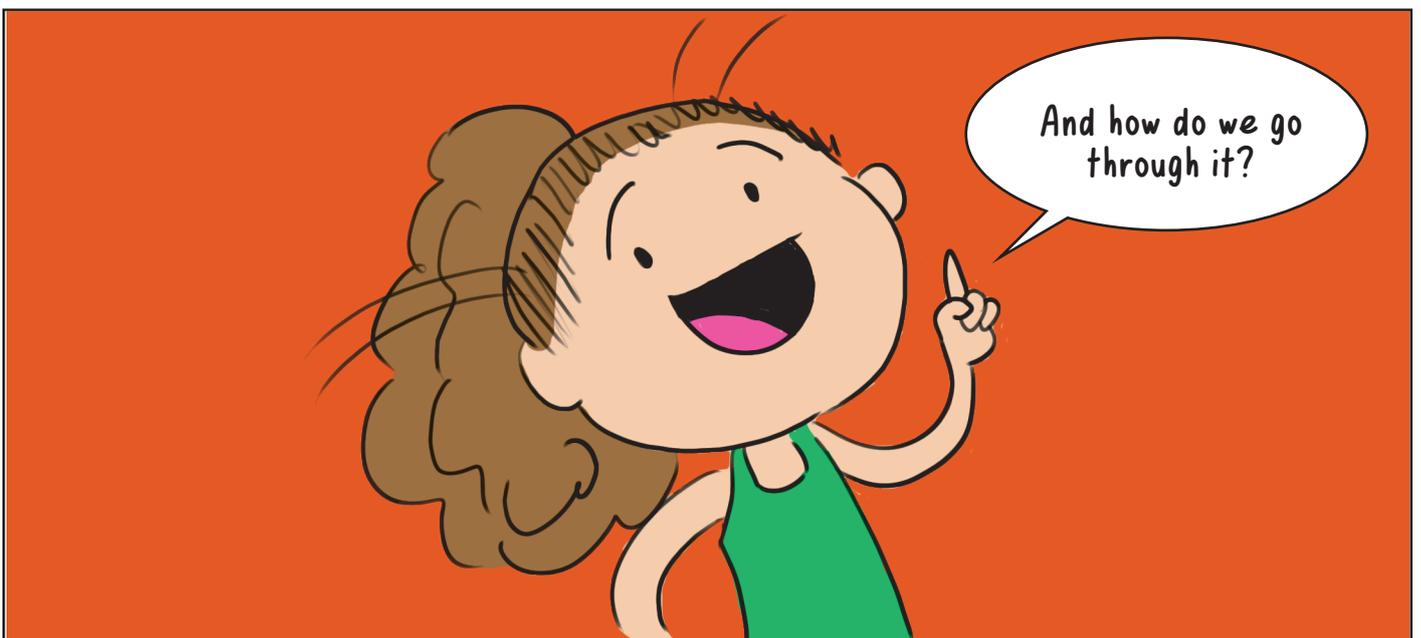
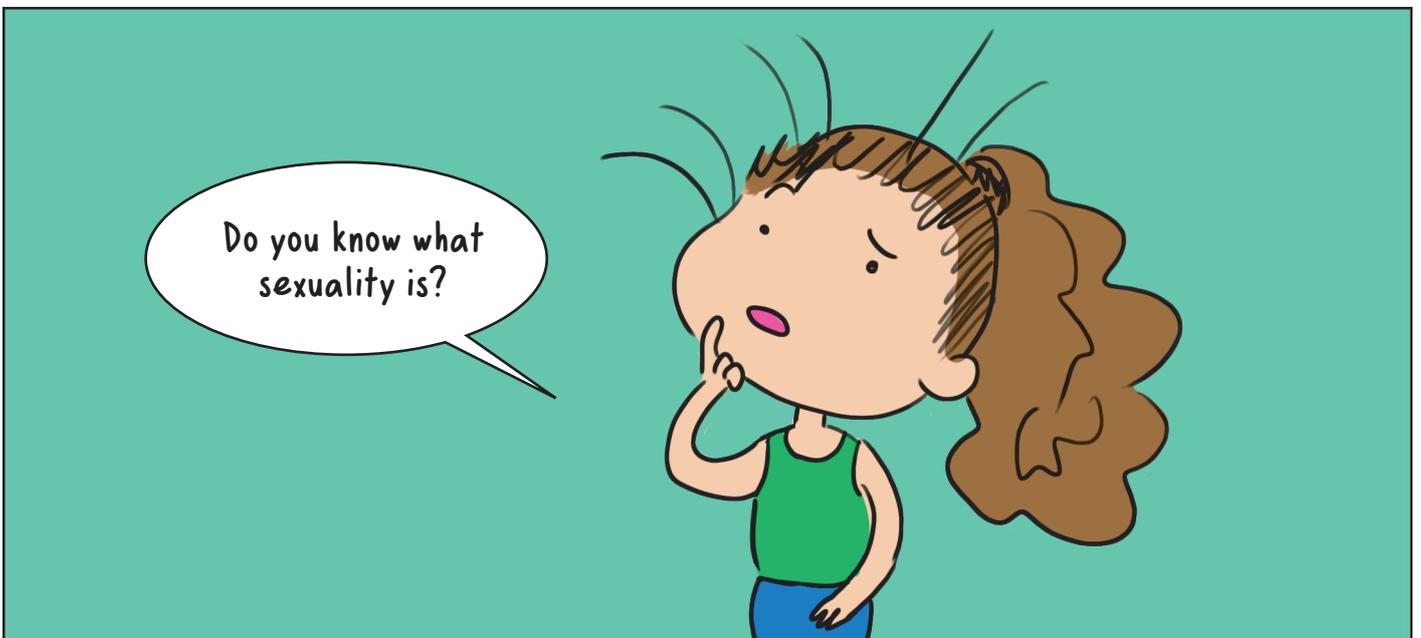
# amaze COMICS



# WHAT IS SEXUALITY?



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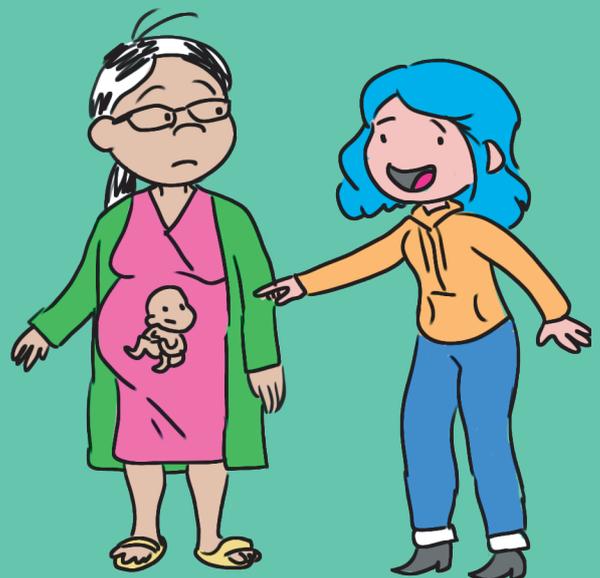


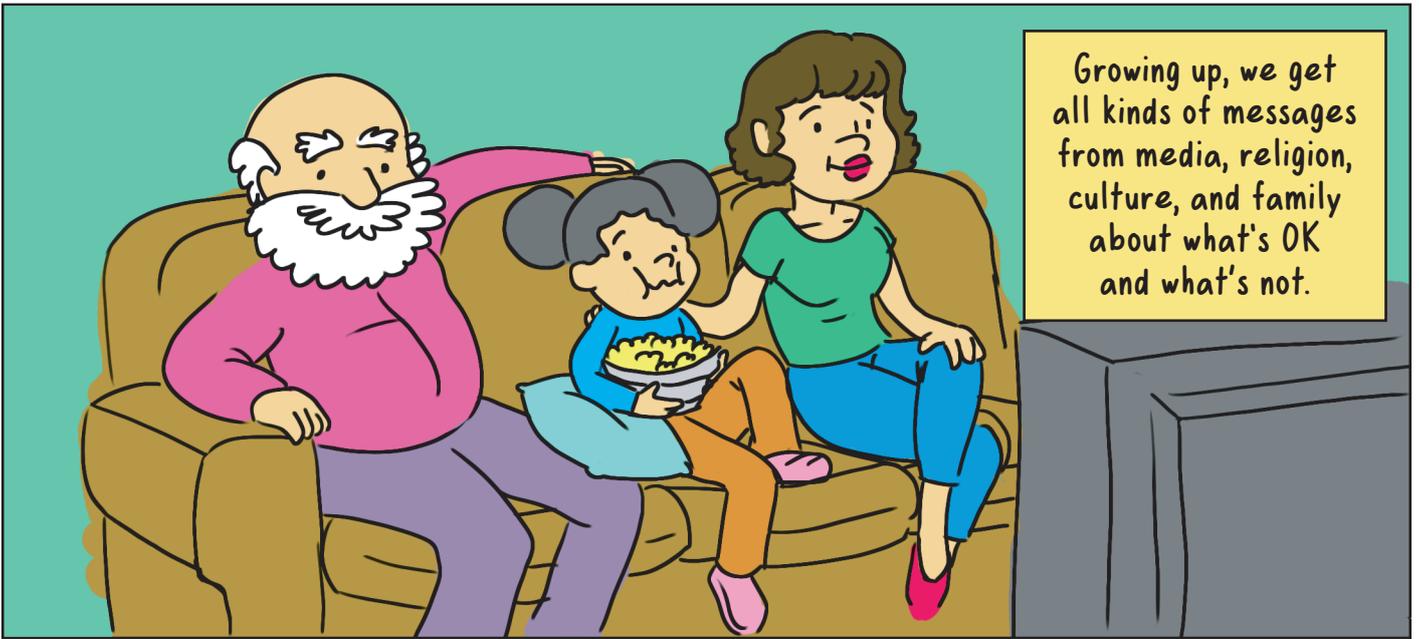
It covers a lot of topics, like how our bodies look, how our body works, our romantic feelings, our friendships, and family relationships.



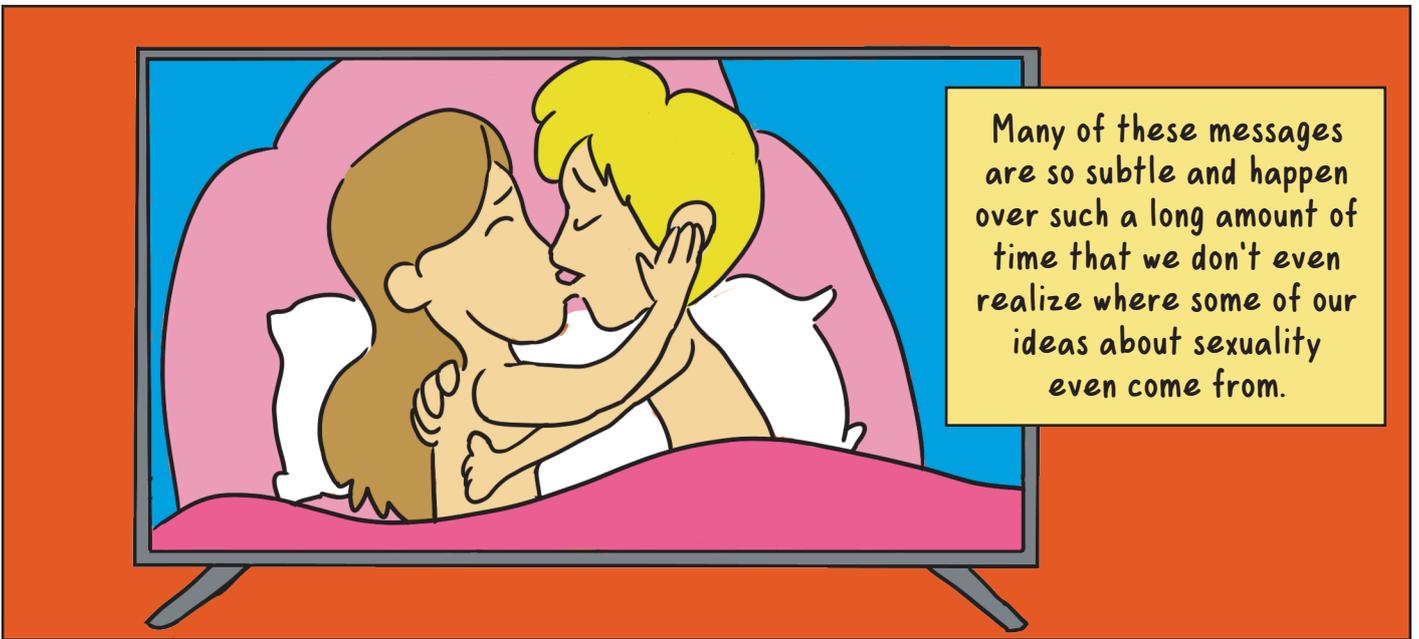
Sexuality is part of everyone's life, from before birth all the way through adulthood!

This happens because people are constantly asking about the gender, making assumptions about its behavior, picking colors for the baby's room, and even what toys they play with.





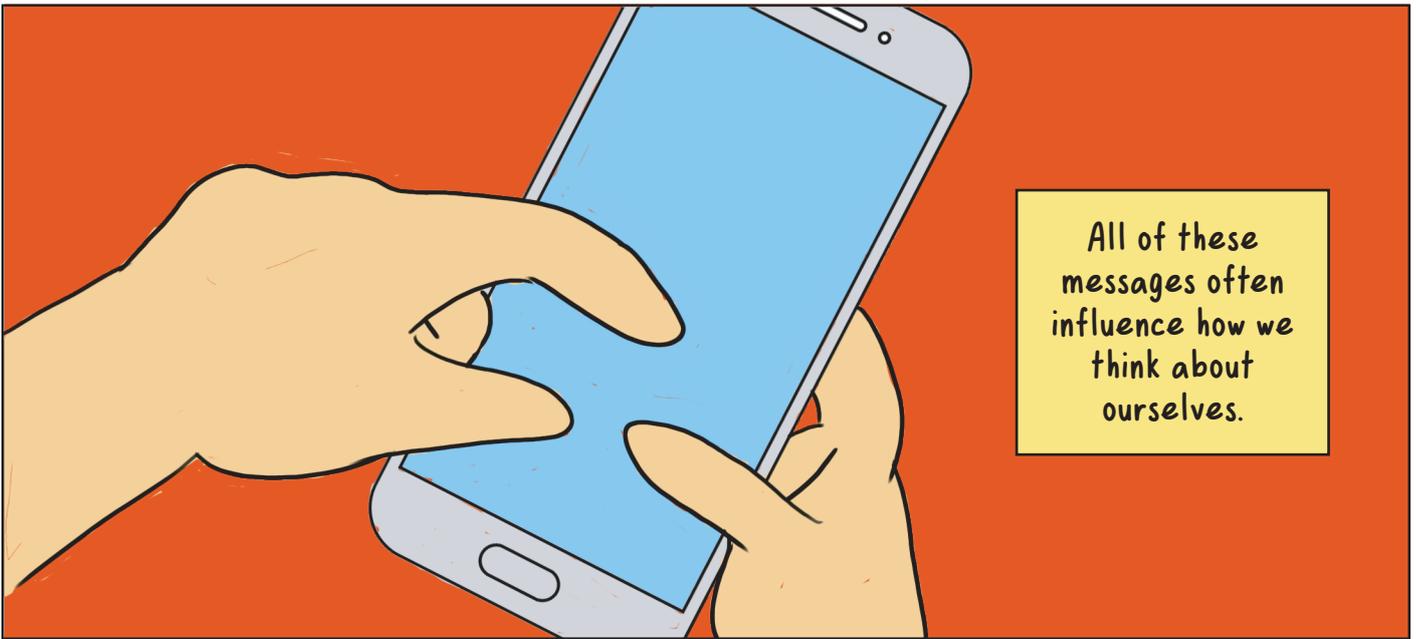
Growing up, we get all kinds of messages from media, religion, culture, and family about what's OK and what's not.



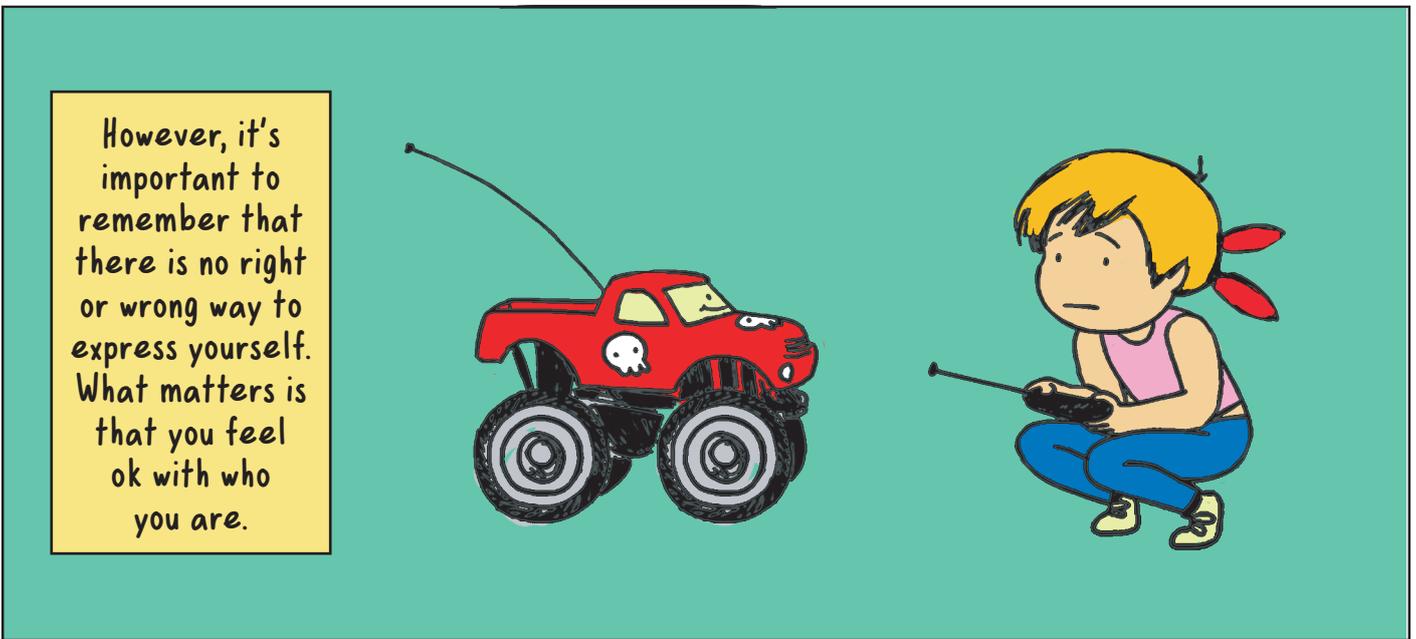
Many of these messages are so subtle and happen over such a long amount of time that we don't even realize where some of our ideas about sexuality even come from.



These images might make you feel like there's only one right way to see yourself, but the truth is, you're perfect just the way you are!



All of these messages often influence how we think about ourselves.



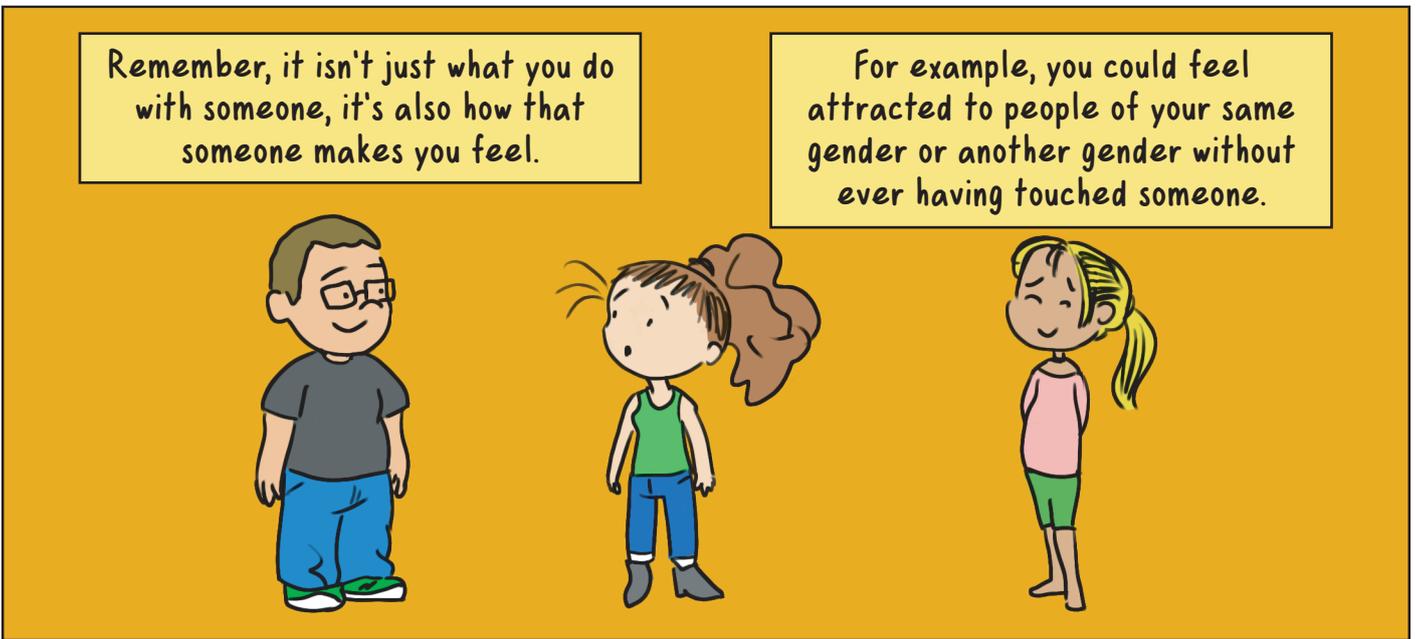
However, it's important to remember that there is no right or wrong way to express yourself. What matters is that you feel ok with who you are.



Our sexuality includes the messages we get about gender roles or when a person is expected to act a certain way based on how society views their gender.



Who you are attracted to is called sexual orientation, and is also part of a person's sexuality.



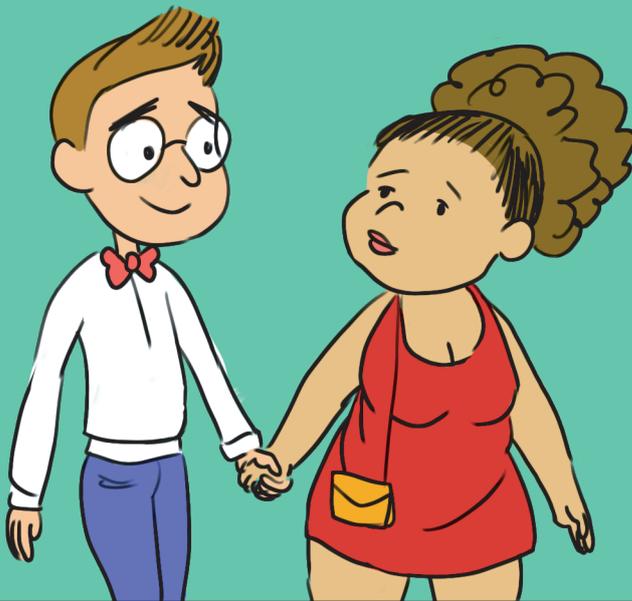
Remember, it isn't just what you do with someone, it's also how that someone makes you feel.

For example, you could feel attracted to people of your same gender or another gender without ever having touched someone.



That doesn't make those feelings any less real. And hey, you don't have to have romantic or sexual feelings for anyone at all. That's totally okay too.

It doesn't matter if  
you're young, old...  
It doesn't matter what  
your body can physically  
do or can't do.



Whether you're religious or not,  
whether you've survived trauma,  
the shape and size of your body,  
the color of your skin, and your  
gender identity don't matter.

We all have the right to live our sexuality the  
way we want, and that's pretty amazing!





## DID YOU KNOW...

Discover these 6 benefits of comprehensive sexuality education:

1. It offers tools, knowledge, attitudes, and skills to live and enjoy sexuality in a healthy and fulfilling way.
2. It promotes the health, well-being, and sexuality of adolescents.
3. It helps them exercise bodily autonomy and the right to choose.
4. It encourages access to information to make informed decisions.
5. It helps build healthy and responsible relationships at different stages of life.
6. It promotes gender equality, advocates for rights, and fosters the empowerment of adolescents.

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for Youth**  
Young. Powerful. Taking Over.



**GRUPO  
MONO  
COMICS**

**Sexualidad  
Sin Misterios**

