



amaze

A YouTube channel that takes the awkward out of growing up, giving you all the information you actually want to know about your body, health, and relationships!

Video Prescription:

☒ Visit amazeorg on YouTube and watch:

☐ Pimples and Periods: A Puberty Guide

☐ Top Signs Boys Are in Puberty

☐ Menstruation: What to Expect

☐ Birth Control Basics



Start date: Today 😊

Number of refills: As often as you have questions!

Notes:



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