

STOP SEXTORTION

BEFORE IT STARTS.

FRIENDS MAKE THE WORLD GREAT.

We are living in a digital world and mostly that's really easy to navigate, but sometimes it's really hard. Things can be weird and confusing, and when it comes to sextortion, we need to look out for our friends, look out for ourselves, and do our best to create digital spaces that we actually want to be in.

01 Tell your friends now that they can trust you.

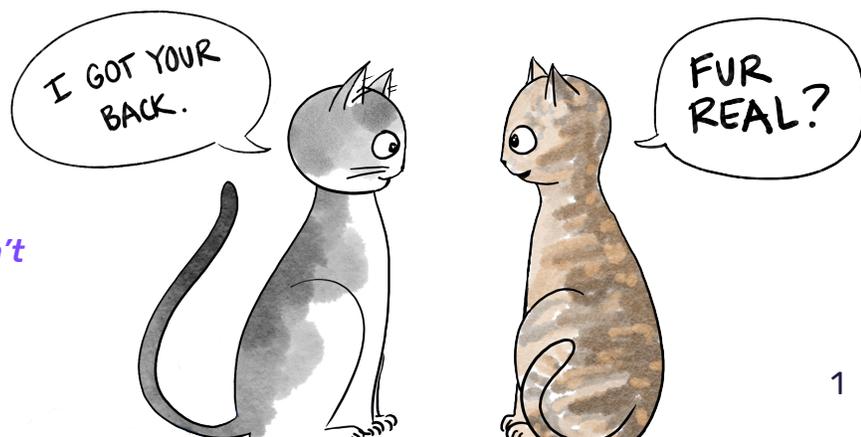
You can even help your friends before they need it, and right now is one of those times. Sextortion is uncomfortable, and people going through it are usually pretty scared to tell their friends. Your friends need to know that you'll be there for them, even if something like sextortion happens. Tell them now – when everything is fine – and as often as possible.

"You need to know that if someone ever tries to use a photo of you to get you to do something you don't want to do – I will be here for you, I won't judge you, and we will figure it out together."

02 Don't forward pics.

This one is really simple – if somebody sends you a sexual image of somebody else, DO NOT share it. It's not up to you to decide who should see their body, so don't forward the image to anyone.

PROTIP: You might be considered legally responsible if you forward these images.



KEEPING SAFE

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03 Understand the issue.

Learning about how sextortion happens and what to do to protect yourself is an important step in preventing it from happening in the first place.

04 Share the cat video.

Did [this video](#) make you laugh, but also teach you about something serious? Share it with all of your friends so they can be as informed as you are about what sextortion is and how it happens.

IMPORTANT! When you share it, let your friends know that you'll be there for them no matter what.

[#noshame](#) [#stopsextortion](#)

“SEXTORTION IS NO JOKING MATTER. AND IF I EVER WENT THROUGH SUCH A THING, I KNOW IT WOULD BE HARD. BUT WITH MY SISTER, I KNOW I WOULD BE ABLE TO GET THROUGH IT.

- Teen Council Member



05 Change passwords often.

If someone knows your passwords, change them immediately to maintain your privacy. Tools like lastpass can [help keep your privacy, private.](#)

06 Celebrate your friends.

Lift others up. Sextortion can lead to bullying and make people feel really alone. Instead, make your friends feel great by telling them what you think makes them unique and why you love that specific thing. You can also join a community of people fighting online harassment at [HeartMob](#) and send supportive messages to victims of sextortion and other types of harassment. On the flip side, if you know somebody experiencing sextortion, they can join Heartmob and receive support.