Talking with your kids about sex and growing up is important, but it’s tempting to put it off. The reality is that these conversations can’t wait. AMAZE videos help to break the ice and start these critical conversations so your kids get the accurate information they need.

**AGE GUIDE**
Children and teenagers can vary greatly in their physical, emotional and social development. Use this Age Guide as a general way to gauge which videos are appropriate for your children or the young people you work with.

**HAVING THE TALKS**
Not sure how to start a conversation about sexual health and development with your child? Having the Talks is a series of videos that provides a model for how to do so appropriately and effectively.

**MORE INFO**
Each video has additional information for parents on that topic, such as conversation starters, related videos, books and websites.

**MY AMAZE**
Share specific videos or groups of videos with your children.