



STAYING READY FOR THE TALKS: PORN

Use this resource alongside our Having the Talks: Porn guides to help you start and continue the conversations!

Before starting the talks, ask yourself:

What are my values on topics like bodies, relationships, sex, and porn? What information or experiences have influenced these?

What might my child need from me to feel safe opening up about this topic?

What do I want my child to walk away understanding and feeling after our talks?

During the talks, remember:

The conversation might feel uncomfortable at first for you both. That's totally normal.

Try to keep your body language and tone relaxed and open.

Ask questions like, "How can I support you?"

Listen to your child with the goal of understanding versus responding.

If applicable, use the opportunity to address porn's sexual stereotypes — race, gender, varied abilities, body types, etc.

Maintain an open door for future talks by:

Keeping the talks a conversation, not an interrogation.

Finding teachable moments within all types of media, to build on your child's media literacy skills.

Regularly carving out time for the two of you to connect without distractions.

Talking with young people about porn is an opportunity, not a threat. Use the conversations to foster a connection that prepares them to make safer, more informed decisions about the media they consume.



RESOURCES TO SUPPORT THE TALKS: PORN

Trusted resources to help you along the way!

The logo for AMAZE.org, featuring the word "amaze" in a bold, lowercase, purple sans-serif font.

AMAZE.org

Engaging, age-appropriate videos, toolkits, and educational resources that promote healthy sexual development

The logo for Common Sense Media, featuring a green checkmark inside a circle to the left of the text "common sense media" in a lowercase, black sans-serif font.

CommonSenseMedia.org

Provides age-based media reviews, advocacy, and media literacy education to support youth and families

The logo for Sex Positive Families, featuring a red heart shape with a white plus sign inside, positioned above the text "Sex Positive Families" in a bold, black serif font.

SexPositiveFamilies.com

Education and resources that help families raise sexually healthy children at every age and stage



**Six Minute Sex Ed
Podcast on Soundcloud**

Podcast episodes that help families talk openly about sex, relationships, and growing up

#ASKABLEPARENT

AMAZE.org/AskableParent