IS THIS CONSENT?

Have I asked clearly for what I would like or what I want?

STOP! You don't have meaningful consent.

Did the other person say yes?

That's a start, but you're not done. Did the other person believe (or know) that there were potential negative repercussions if they had said no? (violence, loss of job, being forced anyway, your pouting or badgering...)

Cool, you have consent for what you asked for. If you want something different, start over by asking for that thing specifically.

SOURCE: https://www.pinterest.com/pin/383368987002853456/?lp=true