

# HAVING THE TALKS: BULLYING

## Different Ways To Start the Conversation

“Hey, I was wondering if something is going on with [insert friend’s name]?”

“When [insert friend’s name] was talking about how one of her soccer teammates was picking on another teammate, what did you think about that?”

“I’m curious—in your health class do they talk about what to do if you see someone getting picked on at school? What do you think you would do if you saw that happening?”

“I noticed when we went for ice cream after the school concert that one of the girls was being excluded from your circle of friends. How do you think that girl was feeling?”

“Kids can sometimes be really mean, even to someone they used to be friends with. Is there anything you want to talk with me about?”

“At the grocery store did you notice that kid who was trying to stand up to a kid who was picking on him? Do you think they handled it well? Is there anything else you think he could have done?”

“I noticed you and [insert friend’s name] were watching [insert name of show or movie] the other night. What did you think of that movie?”

“The character in that book [reference something they are reading] is so brave. It’s not easy to stand up to people who are being nasty. How do you think you would react in that situation?”

